



Veracruz World Para powerlifting World Cup

22-24 June 2023

Date	Agenda	
Monday 19 th June	Classification	
Tuesday 20 th June	Classification Technical Meeting	
Wednesday 21 st June	Opening Ceremony	
Thursday 22 nd June	Men <ul style="list-style-type: none"> • Up to 49 kg • Up to 54 kg • Up to 59 kg • Up to 72 kg 	Women <ul style="list-style-type: none"> • Up to 41kg • Up to 45 kg • Up to 50 kg • Up to 55 kg • Up to 61 kg • Up to 73 kg • Up to 79 kg
Friday 23 rd June	<ul style="list-style-type: none"> • Up to 65 kg • Up to 80 kg • Up to 88 kg • Up to 97 kg • Up to 107 kg • Over 107 kg 	<ul style="list-style-type: none"> • Up to 67 kg • Up to 86 kg • Over 86 kg
Saturday 24 th June	<ul style="list-style-type: none"> • Women's Team Event • Men's Team Event • Mixed Team Event 	